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### **Feeling Good Week**

Dear Families

Week commencing 9<sup>th</sup> February is Feeling Good Week. This is a week of special activities promoting children's well-being and mental health. Our theme for the week is 'This is my Place'.

One activity will require some junk modelling resources so children can make their own small room, which they will decorate with pictures, writing and images that mean something to them.

We are looking for donations of small boxes, magazines, catalogues and general craft materials. Please do not bring in boxes that have contained allergens such as cereal boxes containing nuts / dairy. This is so we can keep everyone safe. Children can also bring in copies of family photos, which you are happy for them to cut up and glue.

Junk modelling donations via classrooms from 2<sup>nd</sup> February please, so teachers can ensure we have enough boxes for everyone.

Kind regards

Tracey Mountney – Mental Health Lead

